



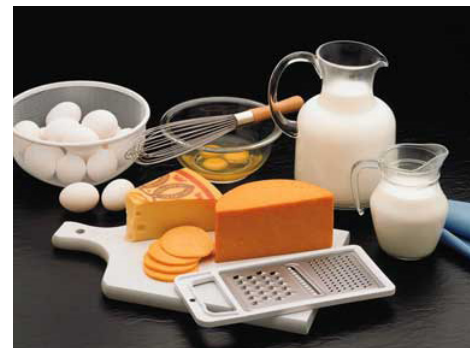
*Drs Anke Koelman asks*  
**Are your children getting  
 the best brainfood?**



*Do you know which foods are beneficial for*



- Brain development?
- Learning?
- Concentration?
- Behaviour?
- Memorising?



Learn the answers to these questions and much more by attending

# **Brainfood**

by *Drs Anke Koelman ND, MHSc (Nutr. Med.), Dip. West. Herb. Med., Dip. Hom.*

What people have to say after attending this course

*Excellent and very informative*

Elizabeth Hensel, SSO

*I think it is fantastic and that all parents & teachers  
 should have this awareness and knowledge* Julie Braiotta, Teacher

**Course date: Wednesday 1 April BOOK NOW!**

Discounts apply if combined with the **Quantum Learning Improvement** course in March, the **Gut Feelings** course and/ or the **Kinesiology** course (see website and brochures for details). Bring a friend and receive **10% discount**. Bring four friends and you will go **free!** For enquiries and private consultations contact the Optimum Learning® & Health Centre.

**OPTIMUM LEARNING® & HEALTH CENTRE** 12 Bayview Crescent, Beaumont, SA 5066  
 tel: 08 8379 4755, fax: 08 8379 0824, email: [akoelman@ozemail.com.au](mailto:akoelman@ozemail.com.au), [www.optimumlearningandhealth.com](http://www.optimumlearningandhealth.com)

To enrol for the **Brainfood** course send your details and full remittance (transferable & non refundable) to the Optimum Learning® & Health Centre

**Date: Wednesday 1st April 2009**

**Time: 9.30 am – 5.30 pm**

**Venue: The Optimum Learning® & Health Centre**

**Cost: \$190, Concession \$170 (GST incl.)**

Please make cheques payable to Drs Anke Koelman and post this slip to The Optimum Learning® & Health Centre  
 12 Bayview Crescent, Beaumont, SA 5066

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ postcode \_\_\_\_\_

Telephone:(h) \_\_\_\_\_ (w) \_\_\_\_\_

(m) \_\_\_\_\_

Email: \_\_\_\_\_

I enclose: \$ \_\_\_\_\_