



**Drs Anke Koelman, ND, MHSc (Nutr. Med.), RAKP
(Reg. Adv. Kin. Pract.), Dip. West. Herb. Med., Dip. Hom.**



Introduction to Kinesiology

Learn how to determine the best



- Diet
- Lifestyle
- Vitamins/supplements
- Therapy (naturopathy, massage)

for yourself and your family!



Kinesiology or Bio-energy testing is a Biofeedback technique that enables you to find out the answers to the above questions.

Could you use Kinesiology in your life?

Would you like to learn more?

What people have to say after attending this course

Terrific, informative, a wonderful tool!

Deborah Cooper, Naturopath

Informative, useful and thought provoking

Aphiah Salerno, Service Coordinator Disability Services

I think it is an excellent introduction.

Shivanthi Rajaramanan, Lecturer

Excellent, it was exactly what I needed. Can be easily applied to patients to aid diagnosis and treatment. Such an interesting subject!

Diane Synon, Naturopath

Wednesday 18th March 2009 BOOK NOW!

Discounts apply if combined with the **Gut Feelings** course on the 8th and 9th October 2009 and a 10% discount applies for every friend you bring along. Bring 4 friends and you will go for free!

Please visit the website for brochures and more details. No prior knowledge required.

For enquiries, assessments and private consultations contact the Optimum Learning® & Health Centre.

OPTIMUM LEARNING® & HEALTH CENTRE 12 Bayview Crescent, Beaumont, SA 5066
tel: 08 83794755, fax: 08 83790824, email: akoelman@ozemail.com.au, www.optimumlearningandhealth.com

To enrol for the **Introduction to Kinesiology** course send your details and full remittance (transferable & non refundable) to the Optimum Learning® & Health Centre

Date: Wednesday 18th March 2009

Time: 9.30 am – 5 pm

Venue: The Optimum Learning® & Health Centre

Cost: \$190, Concession \$160 (GST incl.)

Please make cheques payable to Drs Anke Koelman and post this slip to The Optimum Learning® & Health Centre
12 Bayview Crescent, Beaumont, SA 5066

Name: _____

Address: _____

_____ Postcode _____

Telephone:(h) _____ (w) _____

(m) _____

Email: _____

I enclose: \$ _____