



Drs Anke Koelman teaches

How to help children become successful learners



Learn Brain Gym® and the SureReading method so that your children can learn easier, faster and smarter

When an area in the brain cannot be accessed, learning cannot take place. Increasing access to all areas of the brain required for learning, as well as identifying and addressing any missing prerequisite skills results in Quantum Improvements in Learning.

Brain Gym® exercises have shown to be effective in improving coordination, literacy, numeracy, concentration and behaviour.



SureReading is an innovative method for children with Dyslexia, language problems and AD(H)D to teach them to read, write and spell, often with dramatic results. A Dyslexic Australian boy could not read at all when he was nine years old, but after doing the **Brain Gym®** exercises and the **SureReading** method he subsequently successfully completed a double degree in law and engineering.

Quantum Learning Improvement

by Drs Anke Koelman ND, MHSc (Nutr. Med.), Dip. West. Herb. Med., Dip. Hom.

What people have to say after attending this course

I think it is excellent and I can't wait to use it so I can see results. It all makes sense. Julie Braiotta, Primary School Teacher

Worth its weight in gold. Invaluable!

Margaret Irving, Literacy Coordinator

The course was such a mind-opening discovery that I can't wait to put it into use with my kids and for myself

Ingrid G., Graphic Designer

Course dates: 30 & 31 March BOOK NOW

Discounts apply when combined with the **Brainfood** course, the **Kinesiology** course or the **Gut Feelings** course (see website and brochures for details). Bring a friend and receive **10% discount**. Bring four friends and you will go **free!** For enquiries and private consultations contact the Optimum Learning® & Health Centre.

OPTIMUM LEARNING® & HEALTH CENTRE 12 Bayview Crescent, Beaumont, SA 5066
tel: 08 8379 4755, fax: 08 8379 0824, email: akoelman@ozemail.com.au, www.optimumlearningandhealth.com

To enrol for the **Quantum Learning Improvement** course send your details and full remittance (transferable & non refundable) to the Optimum Learning® & Health Centre.

Date: Monday 30 & Tuesday 31 March 2009

Time: 9 am – 5 pm

Venue: The Optimum Learning® & Health Centre

Cost: \$375, Concession \$335 (GST incl.)

Please make cheques payable to Drs Anke Koelman and post this slip to The Optimum Learning® & Health Centre
12 Bayview Crescent, Beaumont, SA 5066

Name: _____

Address: _____

_____ postcode _____

Telephone:(h) _____ (w) _____

(m) _____

Email: _____

I enclose: \$ _____